Driving High-Quality High-Value Care

What is Evolve?
Part of a global movement, Evolve is an initiative led by physicians and the Royal Australasian College of Physicians (RACP) to drive high-value, high-quality care in Australia and New Zealand.

As medical practice and medical research continues to grow in volume and complexity, physicians can be inundated with new guidelines, new research and new information. Evolve helps physicians to stay abreast of the current evidence and recommended best practice to support the provision of high-quality, high-value care to patients.

How does Evolve work?
Evolve identifies a specialty’s Top 5 clinical practices that, in a particular circumstance, may be overused, provide little or no benefit, or cause unnecessary harm.

Evolve recommendations are developed through a rigorous, peer-reviewed process; led by clinical experts, informed by in-depth evidence reviews, and guided by widespread consultation.

What does that mean for physicians?
Evolve aims to safely and responsibly phase out low-value tests, treatments and procedures where appropriate.

Evolve aims to support physicians in providing high-value care to patients based on evidence and expertise.

Evolve provides a trusted process for each specialty to remain up-to-date with the latest evidence.

Evolve enables physicians to influence the best use of health resources, reducing wasted expenditure.

Evolve helps ensure patients receive the test, treatment or procedure they need, and not those they don’t.

Better care
Better decision-making
Better use of resources

evolve.edu.au
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To view the Evolve Top 5 Lists, visit evolve.edu.au

RACP connects, represents and trains over 16,500 Physicians and 8,000 trainees from 33 different specialties, across Australia and New Zealand.
How is Evolve relevant to you?

Evolve recommendations aim to ensure that every patient receives the test, treatment or procedure that they need and asks you to consider:

• Are these practices I see happening?
• Are they things I do?
• In my workplace, are there systems, processes or expectations that encourage or drive these low-value practices?

What can you do in your work?

Evolve provides evidence-based information that will help you reflect on why a clinical practice will not be of benefit to a patient and promotes shared-decision making with a patient.

Before making a clinical decision, evolve encourages you to ask:

• Will the evolve recommendations make any difference to my clinical decision-making?
• Does the patient really need this test, treatment or procedure?
• Do the risks to the patient outweigh the benefits?
• Are there simpler, safer options?

Implementation ideas

• Capitalise on teachable moments
• Include evolve recommendations in education sessions – grand rounds, workshops, clinical case reviews, team meetings, etc.
• Make evolve recommendations a routine part of handover conversations
• Make evolve recommendations visible – waiting room posters that promote, shared decision-making, and high-value care
• Engage patients and carers in shared decision-making
• Incorporate into electronic ordering and prescribing systems
• Include evolve recommendations in clinical audits and feedback
• Engage hospital management with implementation

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